

On-Ice Helpers

From time to time, hockey teams enlist older hockey players to assist with practices, scrimmages and other activities. It is important to ensure that insurance is in place for these individuals. This can be achieved by following the guidelines below:

1. Any on-ice helpers must be currently registered members of Hockey Nova Scotia and Hockey Canada. If the individual is not currently registered through a minor hockey association, female hockey program, junior team, senior team, or as an associate member, the association wishing to have the person help with on-ice activities must register the individual with Hockey Nova Scotia.
2. All on-ice helpers must wear a CSA-certified helmet (with chin strap fastened and the appropriate facial protection that is required for the player's level of play). A BNQ-certified neck guard must also be worn by all minor hockey-aged players assisting as on-ice helpers.
3. U13 and below on-ice helpers must wear full-gear. All other helpers (above U13) are to wear what is mentioned above with the appropriate helmet and facial protection for their Division.
4. U13-aged participants in the **Junior Coach Leadership Program** that are participating in a practice under the direct supervision of the Coach and who are strictly following the Junior Coach Leadership Program guidelines, may wear instead of equipment prescribed in Para 3., the equipment listed in Para. 2.
5. Additionally, all on-ice helpers must be under the direct supervision of a certified team official and are not to participate in drills. They are on the ice to assist coaches and demonstrate only.

Updated: September 2019